

Position Description

Position Title	Exercise Physiologist
Position Number	30027966
Division	Community and Continuing Care
Department	Community Allied Health Services
Enterprise Agreement	Allied Health Professionals (Victorian Public Sector) (Single Interest Employers) Enterprise Agreement 2021-2026
Classification Description	Exercise Physiologist Grade 2 Year 1 – Year 4
Classification Code	EP67 – EP70
Reports to	Manager Community Allied Health Services
Management Level	Non Management
Staff Capability Statement	Please click here for a link to <u>staff capabilities statement</u>
Mandatany Requirements	 National Police Record Check Working with Children Check National Disability Insurance Scheme (NDIS) Check Registration with Professional Regulatory Body or relevant Professional Association Drivers Licence
Mandatory Requirements	Immunisation Requirements

Bendigo Health

Bendigo Health is a leading regional health service, learn more about us by visiting our website: <u>Bendigo Health Website - About Bendigo Health</u>

Our organisation is a child safe organisation, committed to the safety and wellbeing of all children and young people. All Aboriginal and Torres Strait Islander adults, children and families will be supported to express and be proud of their culture in an environment that is culturally safe and supported.

Our Vision

Excellent Care. Every Person. Every Time.

Our Values

CARING - We care for our community,

PASSIONATE – We are passionate about doing our best,

TRUSTWORTHY - We are open, honest and respectful

The Position

The Grade Two Exercise Physiologist is responsible for the provision of exercise physiology services within a designated clinical caseload, appropriate to their level of experience and competency. Grade Two level Exercise Physiologists are required to display autonomy of practice, whilst also contributing constructively to the interdisciplinary team.

The purpose of this position is to:

- provide best practice client centred clinical care to clients within the designated caseload in Community Allied Health Services of Bendigo Health
- provide a senior level of experience and supervision to grade 1 and undergraduate student health professionals
- collaborate with key stakeholders, and may also include provision of contract services
- contribute to the development of Community Allied Health Services, as well as the general Exercise Physiology department as appropriate

Responsibilities and Accountabilities

Key Responsibilities

- Deliver safe, evidence-based care independently within scope of practice, ensuring quality at the point of care. Apply advanced clinical reasoning to manage referrals, waitlists, and workload prioritisation. Escalate complex issues to senior staff when appropriate.
- Work collaboratively with clients, families, and multidisciplinary teams to develop and implement care plans that support continuity of care. Facilitate smooth care transitions and provide timely clinical handover. Respect cultural, ethical, and individual needs, particularly for vulnerable populations.
- Maintain accurate clinical documentation and complete program reporting in line with organisational procedures. Communicate professionally and constructively with all stakeholders, addressing and escalating issues as needed.
- Provide supervision, training, and support to students and junior staff. Participate in team meetings, projects, and organisational initiatives. Support professional development and workforce planning activities, including recruitment and retention strategies as delegated.
- Contribute to service innovation by identifying and implementing evidence-based solutions to improve client outcomes and workplace efficiency. Support change initiatives and foster a collaborative and inclusive work environment.
- Support compliance with quality standards, accreditation, and safe work practices. Participate in service evaluation and risk management processes, informed by data, evidence, and client feedback.
- Uphold professional standards, engage in clinical supervision, and commit to lifelong learning. Use reflective practice to improve care and interpersonal relationships, and ensure completion of all mandatory training and development activities

Key Selection Criteria

Essential

- A degree in Exercise Physiology or equivalent tertiary qualification with the ability to satisfy the requirements of the Bendigo Health Allied Health Credentialing and Professional Standards document, including evidence of eligibility for accreditation through Exercise and Sports Science Australia
- 2. Demonstrated experience and knowledge relevant to exercise physiology in a community setting
- 3. Demonstrated understanding of contemporary practice and principles and evidence-based service delivery models for Community Allied Health Services client groups
- 4. Demonstrated ability to work collaboratively with multidisciplinary teams to deliver safe consumer-focused care, providing specialist knowledge as required
- 5. Demonstrated ability to work autonomously with effective organisation and time management skills to actively plan and manage clinical and non-clinical priorities and meet timeframes
- 6. Demonstrated highly developed verbal and written communication skills with the ability to interact effectively with clients, carers, staff and the community

Desirable

- 7. Demonstrated commitment to continuous service improvement and demonstrated quality improvement skills including planning, process improvement, data analysis and evaluation
- 8. Demonstrated commitment to lifelong learning through ongoing professional development of self and others
- 9. Demonstrated ability to provide clinical supervision to students and staff
- 10. Demonstrated conflict resolution and negotiation skills, and a willingness to seek appropriate support/assistance as required

Generic Responsibilities

All Bendigo Health staff are required to:

- Adhere to the Victorian Government's Code of Conduct
- Uphold **Occupational Health and Safety** responsibilities, including self-care, safeguarding others, and participating in safety initiatives and reporting.
- Comply with all **Bendigo Health policies and procedures**, including those related to clinical, managerial, and standard work practices.
- Follow **Infection Control** procedures to prevent cross-contamination and ensure the health and safety of all.
- Maintain strict confidentiality regarding all organisational, patient, and staff information.
- Engage in **continuous quality improvement** activities aligned with the National Safety and Quality Health Service Standards (NSQHSS).
- Recognise and respect diversity, fostering inclusive practices in the workplace and service delivery.

- Staff must carry out all lawful and reasonable directions and comply with relevant professional standards and ethical codes.
- Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Bendigo Health.
- Maintain ability to perform the inherent requirements of this role. Inherent requirements are the
 essential tasks necessary to perform this role, including reasonable adjustments. Bendigo Health is
 committed to a safe workplace that supports all employees. The role may require specific physical
 and cognitive abilities, which can be discussed with the manager during recruitment or at any time.
 We understand that personal circumstances can change and impact your ability to meet these
 requirements; additional policies are available to guide you through this process. Please request the
 relevant procedures for more information.

All Bendigo Health sites, workplaces and vehicles are smoke free.

This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Any elements of this document may be changed at Bendigo Health's discretion and activities may be added, removed or amended at any time.